

# EARLY CHILDHOOD PROGRAMS

## SPRING 2024



### Parent & Tot - **ARTS**

#### MUSIC FOR LIFE **P**

1-2yrs

Have fun with your child while they learn simple music concepts. Join us to sing, play instruments and move to the music! Play interactive games that explore beat, pitch, dynamics, as well as literacy and numeracy skills. Presented by the Victoria Conservatory of Music.

#### SAANICH COMMONWEALTH PLACE

<b>FULL</b>	F	Apr 5-Jun 7	9:15-9:45am	10/\$121
108404	F	Apr 5-Jun 7	10-10:30am	10/\$121

#### THE MUSIC CLASS® (FORMERLY MUSIC PUPS)

##### Newborn-4yrs **P**

Unleash your child's musical potential! Children and parents/caregivers will enjoy singing, dancing, movement and instrument play in these mixed-age, fun filled classes designed to foster understanding and enjoyment of music. Music/songbook download included, with new award-winning music by The Music Class®. Sibling rate is \$120, siblings under 9mths attend free.

#### SAANICH COMMONWEALTH PLACE

Jennifer Yuen

#### MONKEY COLLECTION

<b>FULL</b>	W	Apr 3-Jun 5	9:15-10am	10/\$195
109272	W	Apr 3-Jun 5	10:15-11am	10/\$195
109273	W	Apr 3-Jun 5	11:15-12pm	10/\$195

### HOW TO REGISTER

**ONLINE** at [Saanich.ca/Recreation](http://Saanich.ca/Recreation)

**PHONE** 250-475-7600

**IN PERSON** at any of our  
4 Recreation Centres



PARKS, RECREATION  
& COMMUNITY SERVICES

**P** = PARENT OR CAREGIVER PARTICIPATION REQUIRED

### Parent & Tot - **GENERAL INTEREST**

#### JUMPING JELLY BEANS **P**

18mths-3yrs

This combo class starts with crafts, songs and group play for 45 minutes. After a snack, we move into the gym with ride-on toys and kindergym activities to let off some steam! Parent/caregiver participation required.

#### SAANICH COMMONWEALTH PLACE

Joanne Van Dyk

<b>FULL</b>	F	Mar 8-May 3	9:15-10:45am	8/\$84
108388	F	Mar 8-May 3	11am-12:30pm	8/\$84
108387	F	May 10-Jun 14	9:15-10:45am	6/\$63
108389	F	May 10-Jun 14	11am-12:30pm	6/\$63

#### MUCKIN' AND MESSIN' **P**

18mths-3yrs

Why make a mess at home? Join us for painting, gluing, glitter, marble painting, messy play, finger paints and loads of fun. We'll have playtime, circle time, songs and gym time. Parent /caregiver participation required.

#### SAANICH COMMONWEALTH PLACE

Michelle Dyas

108399	Tu	Mar 5-Apr 30	9:15-10:45am	8/\$84
108400	Tu	May 7-Jun 18	9:15-10:45am	7/\$74

Christine Lee

108401	W	Mar 6-May 1	9:30-11am	8/\$84
108402W		May 8-Jun 19	9:30-11am	7/\$74

#### PLAYTIME COMBO **P**

18mths-3yrs

You and your little one will keep busy with fun activities and creative play. Painting, gluing, puzzles, songs, and a variety of play stations are all designed to spark your child's imagination. After snack and circle time, we move to the gym with ride-on toys and kindergym activities. Parent/caregiver participation required.

#### SAANICH COMMONWEALTH PLACE

Sandra O

108407	M	Mar 4-Apr 29	9:15-10:45am	7/\$74
108408	M	May 6-Jun 17	9:15-10:45am	6/\$63

## CHILDMINDING Up to 10yrs SAANICH COMMONWEALTH PLACE

Jan 9 through Jun 20, 2024

Tuesday 8:45-11:30am  
Wednesday 8:45-11:30am  
Thursday 8:45-11:30am

You'll like it – they'll love it! Saanich Commonwealth Place is pleased to provide quality childminding care in a safe, friendly and fun environment. Not available on Stat Holidays.

- Infants to 10 years
- Parents/guardians must be on the premises while your child receives care.

For more information, please contact our Preschool Programmer Ruth Smith at [ruth.smith@saanich.ca](mailto:ruth.smith@saanich.ca)

### Cost:

- \$5.50/hr/per child
- Third child and subsequent children of the same family are \$2.50/hr/per child
- 10 hour card: \$50.75
- 25 hour card: \$119.50

## Parent & Tot - SPORTS

### MULTI SPORT - ME AND MY PARENT P 2-3yrs

We will introduce your child to foundational movement skills that build physical literacy. NCCP-certified instructors will help you develop strategies to teach your child basic sport skills in a fun way using games, songs and positive reinforcement. Small group format for personalized attention.

SAANICH COMMONWEALTH PLACE

[Richardson Sport](#)

OUTDOORS - BACK FIELD

108598W Apr 10-Jun 12 10:30-11am 10/\$123

### SOCCER - ME AND MY PARENT P 2-3yrs

This high-energy soccer program introduces you and your child to fundamental skills such as dribbling, shooting, passing and more. NCCP-certified coaches use games, songs and positive reinforcement to build skills. Small group format for personalized attention.

SAANICH COMMONWEALTH PLACE

[Richardson Sport](#)

OUTDOORS - BACK FIELD

108600 F Apr 12-Jun 14 10:30-11am 10/\$123

P = PARENT OR CAREGIVER PARTICIPATION REQUIRED

## KINDERGYM DROP-IN

1-5yrs

Kindergym is a movement program designed for children and their caregiver to play together. Balls, hoops, ride-on toys, climbers and mats allow children to creatively explore. Staff will lead circle time at the end. Get active together for life. No more than one caregiver per child. \$3.50 per child.

SAANICH COMMONWEALTH PLACE

(Drop-in with swim option straight after kindergym \$6)

### 1-3YRS

Tue Jan 9-Jun 18 10-10:45am

Thu Jan 11-Jun 20 10-10:45am

### 2-5YRS

Tue Jan 9-Jun 18 9:15-10am

Thu Jan 11-Jun 20 9:15-10am

### 5YRS AND UNDER (NO SWIM OPTION)

Sun Jan 7-May 26 9:15-10am

## Early Childhood - ARTS

### PIANO FOR PRESCHOOLERS P

3-5yrs

Parents and children will enjoy this creative class together. Children learn to find notes and play a song by the end of the course. They will also be taught to read music, play by ear and compose their own songs.

SAANICH COMMONWEALTH PLACE

[PJ Music Studio](#)

107210 Sa Apr 13-Jun 8 9-9:30am 7/\$122

107211 Sa Apr 13-Jun 8 9:30-10am 7/\$122

107212 Su Apr 14-Jun 9 12-12:30pm 7/\$122

107213 Su Apr 14-Jun 9 12:30-1pm 7/\$122

107214 Su Apr 14-Jun 9 1-1:30pm 7/\$122

107215 Su Apr 14-Jun 9 1:30-2pm 7/\$122

107216Su Apr 14-Jun 9 2-2:30pm 7/\$122

### BALLET AND JAZZ

4-5yrs

Join us as we combine basic jazz dance technique and ballet in this fun and entertaining class. The result is the poise and grace of ballet with the high energy of jazz dance! Children will learn a choreographed dance.

SAANICH COMMONWEALTH PLACE

[Dansko Staff](#)

108375 Sa Apr 6-Jun 1 10:45-11:30am 8/\$70

### KINDER-DANCE

3-4yrs

The perfect class for the child who loves to move to music! Children enjoy a combination of creative movement, ballet and imagination. Led by patient, qualified and fun dance instructors.

SAANICH COMMONWEALTH PLACE

[Dansko Staff](#)

108390 Sa Apr 6-Jun 1 10-10:45am 8/\$70

### LITTLE DANCERS **P** 2-3yrs

Little ones will love this introduction to the wonderful world of movement and music. Perfect for first-time participants, parents remain in studio during class for extra encouragement.

#### DANSKO DANCE STUDIOS

Dansko Staff

108699 Tu Apr 2-May 28 10:10-10:40am 9/\$65

108700 Th Apr 4-May 30 10:25-10:55am 9/\$65

### TAP, JAZZ AND BALLET COMBO 3-5 yrs

Introduce your youngster to three popular dance styles. Children will learn the sounds and rhythms of tap dance, practice the basic positions, posture and alignment of ballet, and enjoy the lively energy of jazz dance.

#### DANSKO DANCE STUDIOS

Dansko Staff

108696 Tu Apr 2-May 28 9:15-10am 9/\$79

108698 Tu Apr 2-May 28 10:45-11:30am 9/\$79

### TINY TUTUS AND TIGHTS 3-5yrs

In this fun and creative class, young dancers explore basic steps, build coordination and incorporate imagination and rhythm to their movements. A short dance will be taught.

#### SAANICH COMMONWEALTH PLACE

Dansko Staff

108418 Sa Apr 6-Jun 1 9:15-10am 8/\$70

108419 Sa Apr 6-Jun 1 12:30-1:15pm 8/\$70

## Early Childhood - GENERAL INTEREST

### ABC's & 123's 3-5yrs

Is your preschooler showing an interest in learning to print letters and numbers? In this class children will learn to recognize the wonders of letters and numbers through fun explorative and creative play. Each class incorporates gym time for physical activity. This combination keeps your energetic preschooler engaged. Must have preschool class experience.

#### SAANICH COMMONWEALTH PLACE

Michelle Dyas

**FULL** M Mar 4-Apr 29 9:20-11:20am 6/\$86

107153 M May 6-Jun 17 9:20-11:20am 6/\$86

### BACK TO NATURE 3-5yrs

Does your child love the outdoors and fascinated by animals, insects, plants, and enjoys getting their hands dirty? Then this is program for them. Learn about nature and our planet. Dress according to the weather as we will be outside the last half of the class in our Friendly Forest.

#### SAANICH COMMONWEALTH PLACE

Michelle Dyas

**FULL** Th Mar 7-May 2 12:15-2:15pm 8/\$115

108342 Th May 9-Jun 20 12:15-2:15pm 7/\$101

### FUNTASTIC FRIDAYS 3-5yrs

End the week with a whole lot of FUN! Learn about dinosaurs, play group games, enjoy ooey gooey messy play and more. We'll have gym time with our popular ride-on toys and climbing equipment, too.

#### SAANICH COMMONWEALTH PLACE

Michelle Dyas

108378 F Mar 8-May 3 9:15-11:15am 8/\$115

108379 F May 10-Jun 14 9:15-11:15am 6/\$86

### HAPPY HANDS, HAPPY MINDS 3-5yrs

This small group program encourages young ones' creativity and learning. Children enjoy painting, art projects, show-and tell and circle time. Yoga, creative dance and gym time keep kids active, too!

#### SAANICH COMMONWEALTH PLACE

Janet Mulhall

108380 Tu Mar 5-Apr 30 9:20-11:20am 8/\$115

108381 Tu May 7-Jun 18 9:20-11:20am 7/\$101

### MIX IT UP WITH MICHELLE 3-5yrs

In this small group class, young ones enjoy different activities including messy play, dinosaurs, painting, science projects, art and gym time. During lunch, Michelle engages the children and reads stories to help them become comfortable eating in a classroom environment.

#### SAANICH COMMONWEALTH PLACE

Michelle Dyas

108395 W Mar 6-May 1 11:45am-1:45pm 8/\$115

108396 W May 8-Jun 19 11:45am-1:45pm 7/\$101

### MORNING DELIGHT 3-5yrs

Preschoolers explore different activities each week in this delightful small group class. Program leader Janet introduces science experiments, creative movement, yoga, music, crafts and messy play. Kids also stay active with gym time.

#### SAANICH COMMONWEALTH PLACE

Janet Mulhall

108397 W Mar 6-May 1 9:15-11:15am 8/\$115

108398 W May 8-Jun 19 9:15-11:15am 7/\$101

## HOW TO REGISTER

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## ON MY OWN

3-4yrs

A perfect introduction to preschool programs, this semistructured class nurtures children as they become comfortable participating without parents or caregivers. Play centres, puzzles, painting, crafts music, and gym time are all included in this small group class that helps build confidence and social skills.

### SAANICH COMMONWEALTH PLACE

Tiffany Kidder

108405	M	Mar 4-Apr 29	9:15-11:15am	7/\$101
108406	M	May 6-Jun 17	9:15-11:15am	6/\$86

## OVER THE RAINBOW

3-5yrs

This program is for the first time preschooler who loves to be busy. We will have a different theme each week. They will enjoy developing their creative skills with craft projects, choose from a variety of play centres, incorporate music in an interactive circle time and much more. We'll also get active in our popular gym time with ride on toys and climbing apparatus.

### SAANICH COMMONWEALTH PLACE

Christine Lee

108711	Tu	Mar 5-Apr 30	9:30-11:15am	8/\$99
108713	Tu	May 7-Jun 18	9:30-11:15am	7/\$88

## SILLY SATURDAYS

3-5yrs

Preschoolers love this program's focus on music and creative play, and parents appreciate the time to run weekend errands or enjoy a workout. Kids will enjoy a wide variety of action songs, creative play, crafts and stories. We will also go on short walks for outdoor exploration.

### SAANICH COMMONWEALTH PLACE

Dianne Holmes

<b>FULL</b>	Sa	Apr 6-May 25	9:30-11:30am	8/\$115
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## STEPPING UP TO KINDERGARTEN

3-5yrs

A program developed to help make the transition into full day Kindergarten an easy one. We will have fun through learning with experiments, practice listening skills and interactive group time at circle time, and being creative with crafts. Gym time will also add to the fun.

### SAANICH COMMONWEALTH PLACE

Michelle Dyas

108410	Th	Mar 7-May 2	9:20-11:20am	8/\$115
108411	Th	May 9-Jun 20	9:20-11:20am	7/\$101

## STEPPING UP TO PRESCHOOL

2.5-4yrs

This transitional program is the perfect steppingstone to preschool. In the classroom, children learn to stay with the instructor for crafts, free time, stories and circle time; then parents join the class for snacks and kindergym activities

### SAANICH COMMONWEALTH PLACE

Michelle Dyas

108412	W	Mar 6-May 1	9:30-11:30am	8/\$115
108413	W	May 8-Jun 19	9:30-11:30am	7/\$101

Christine Lee

<b>FULL</b>	Th	Mar 7-May 2	9:30-11:30am	8/\$115
108415	Th	May 9-Jun 20	9:30-11:30am	7/\$101

## TERRIFIC TUESDAYS

3-5yrs

Get ready to have fun as we learn about dinosaurs, play group games, enjoy ooey-gooey messy play, and explore creativity with crafts. This small group class also enjoys gym time each week with our popular ride-on toys and climbing equipment.

### SAANICH COMMONWEALTH PLACE

Michelle Dyas

108416	Tu	Mar 5-Apr 30	10:30am-12:30pm	8/\$115
108417	Tu	May 7-Jun 18	10:30am-12:30pm	7/\$101

## MULTI SPORT - ME AND MY COACH

3-5yrs

This gymnasium-based program introduces preschoolers to foundational movement skills that help build physical literacy. NCCP-certified instructors leave competition on the sidelines and use games, songs and positive reinforcement to introduce and explore different sports each week.

### SAANICH COMMONWEALTH PLACE

Richardson Sport

#### OUTDOORS - BACK FIELD

108597	W	Apr 10-Jun 12	11-11:45am	10/\$145
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## SOCCER - ME AND MY COACH

3-5yrs

This gymnasium-based small group program introduces children to fundamental soccer skills and play, including dribbling, shooting, passing and more. NCCP-certified coaches leave competition on the sidelines and use games, songs and positive reinforcement to help develop a love of the game.

### SAANICH COMMONWEALTH PLACE

Richardson Sport

#### OUTDOORS - BACK FIELD

108599	F	Apr 12-Jun 14	11-11:45am	10/\$145
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## Full-Year Preschool Registration for Sept 2024-2025 starts Saturday, Feb 3, 2024 at 7am. In-person only.

### FRIDAYS FOREST EXPLORERS 3-5yrs

Christine and Tiffany lead this fun and educational yearlong program for preschoolers, September 2024 to June 2025. Join us in the Saanich Commonwealth Place's friendly forest for nature adventure, learning, circle time and more. Once registered, space is guaranteed through June 2025. Must be 3yrs as of October 31, 2024.

#### SAANICH COMMONWEALTH PLACE

Christine Lee and Tiffany Kidder

109105 F Sep 13-Jun 13 9am-12pm \$87/mnth



**Call Ruth Smith - Pre-School Programmer at 250-475-7603 for more information**

### KIDDIE CAPERS FOREST CLASSROOM

Enjoy our friendly forest for a year of fun, adventure, and learning! Circle time, crafts, field trips and more in an outdoor environment. Minimum 2 days may enroll up to 4 days/week. Registrants have space guaranteed through June 2025. Must be 3yrs as of October 31, 2024. In-person registration only.

#### SAANICH COMMONWEALTH PLACE

Diana Wigen and Jo Van Dyk

109097	M	Sep 9-Jun 16	9-11am
109098	Tu	Sep 10-Jun 17	9-11am
109099	W	Sep 11-Jun 18	9-11am
109100	Th	Sep 12-Jun 12	9-11am
109101	M	Sep 9-Jun 16	11:15am-1:15pm
109102	Tu	Sep 10-Jun 17	11:15am-1:15pm
109103	W	Sep 11-Jun 18	11:15am-1:15pm
109104	Th	Sep 12-Jun 12	11:15am-1:15pm

**\$58  
per  
month**

### Upcoming Registration Dates

#### WINTER - SPRING

March 13 Term 2 and 3 swimming lessons open 6am

April 24 Term 3 skating lessons

**SUMMER** Activity Guide viewable online April 3rd

**April 17** General program registration opens 6am

May 29 View swim lesson schedules online

June 12 Swimming and skating lessons open 6am

